

FIFTY'S BREAKFAST MENU

Our success is measured by your enjoyment. We hope you enjoy your meal.



4 2 6 H E S P E L E R R O A D , C A M B R I D G E

T 5 1 9 . 6 2 2 . 0 7 0 7

F 5 1 9 . 6 2 2 . 6 5 4 0

E fiftysdeli@gmail.com





FIFTY’S BREAKFAST MENU

Cereal 5.99

All our cereals are served in a large bowl with milk. Add one of the following fresh fruit or berry toppings from below for 1.99 extra.

Choose “one” of your favourite cereal

- Raisin Bran
- Corn Flakes
- Special K
- Granola
- Rice Crispies
- Cheerios

Now choose “one” of your favourite toppings (berries are seasonal)

- Strawberries
- Mixed berries
- Chocolate chips
- Blueberries
- Blackberries
- Fresh banana

P L E A S E

No Substitutions

Morning Madness

All morning madness breakfast items include toast, jam, home fries, beans and garnish. Multigrain toast is available for 50 cents extra charge.

The Classic
2 eggs any style9.99

Amarillo
2 eggs any style with bacon, ham or sausage.....11.99

El Paso
2 eggs any style with 2 pancakes, 2 bacon, 2 sausage, and 2 ham15.49

Plantation
2 eggs any style with 2 French toast, 2 bacon, 2 sausage, and 2 ham.....15.49

All Canadian Breakfast
2 eggs any style with toast, Montreal smoked meat or thick cut peameal bacon12.99

Jacarda
1 egg any style with bacon, ham, or sausage..... 10.99

Hat Trick
3 eggs any style with 3 bacon, 3 ham, and 3 sausage 17.99

South Fork
2 eggs any style with a tender 7 oz sirloin steak 21.99

Polish Sausage *upgrade*3.59
Turkey Sausage *upgrade*.....3.59
Turkey Bacon *upgrade*3.59

50’s Melts

All of our melts are served with toast, 2 eggs any style, potatoes, a blend of melted cheese, beans and a garnish.....16.99

Butcher’s Melt
Ham, bacon, sausage, onions and green peppers.

Hab Melt
Montreal smoked meat, onions and green peppers

Vegetarian Melt
Tomato, mushrooms, peppers, onions, fresh spinach and asparagus

Cornbeef Hash Melt

On the Lighter Side

Calorie Wise
2 poached eggs on an english muffin served with a fruit cup and cottage cheese15.49

Yogurt and Berry Parfait
Fresh berries with custard and yogurt, topped with granola and fresh banana10.99



Buttermilk Pancakes

All of our pancakes are served with maple flavoured syrup, and a garnish.

Plain and Simple	
3 pancakes	11.99
Pancakes and Eggs	
3 pancakes and 2 eggs any style	15.49
Pancakes and Fruit	
3 pancakes and a fresh fruit cup.....	15.49
Banana Pancakes	
3 pancakes served with fresh bananas	15.49
Strawberry Pancakes	
3 pancakes served with fresh strawberries	15.49
Blueberry Pancakes	
3 pancakes served with fresh blueberries	15.49
(*when in season)	
Chocolate Chip Pancakes	
3 pancakes with chunky chocolate chips	15.49
<i>Now serving organic maple syrup</i>	

French Toast

All french toast is served with maple flavoured syrup, and lightly sprinkled with icing sugar and a garnish.

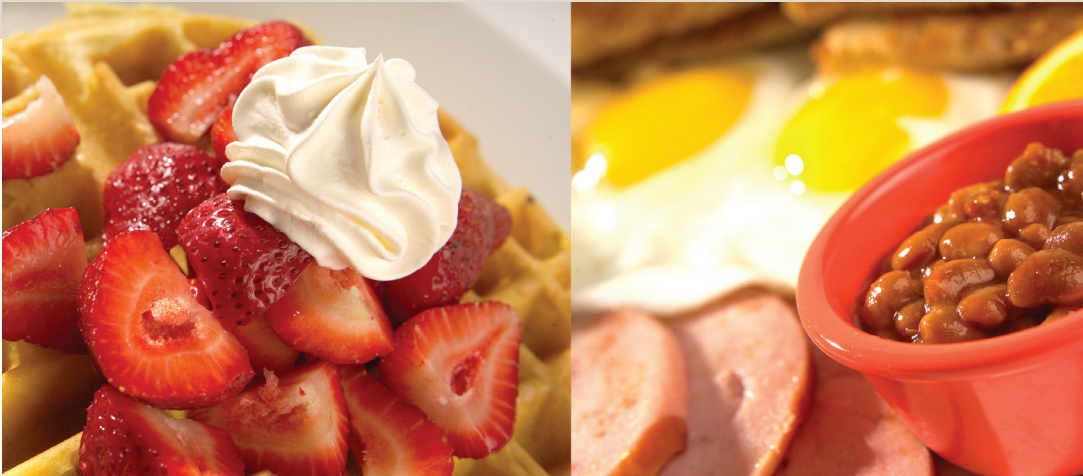
Plain French Toast	
3 pieces of thick cut french bread	11.99
French Toast and Eggs	
3 french toast and 2 eggs any style	15.49
Cinnamon Raisin French Toast	
4 pieces of raisin bread	12.99
French Toast and Fruit	
3 pieces of french toast served with a fresh fruit cup	15.49
French Toast and Strawberries	
3 pieces of french toast served with fresh strawberries	15.49
French Toast and Blueberries	
3 pieces of french toast served with fresh blueberries	
(*when in season)	
French Toast and Bananas	
3 pieces of french toast served with fresh bananas	15.49
Banana Bread French Toast	
Topped with fresh bananas, whipped cream & syrup	16.49
<i>Now serving organic maple syrup</i>	

Mix and Match Combos

Combo 1	
2 french toast and 2 pancakes	14.49
Combo 2	
2 french toast and 2 pancakes and yogurt	16.49
Combo 3	
2 french toast and 2 pancakes and fresh fruit cup	16.49
Combo 4	
fresh fruit boat with bagel and cream cheese	15.49
Combo 5	
fresh fruit boat with bagel and cottage cheese	15.49
Combo 6	
fresh fruit boat with bagel and yogurt	15.49
Combo 7	
fresh fruit boat with yogurt	14.49
Combo 8	
fresh fruit boat with cottage cheese	14.49



FIFTY'S BREAKFAST MENU



PLEASE
No Substitutions



P L E A S E

No Substitutions

Fifty's Omelettes

All omelettes served with beans, home fries, toast, and garnish.
Multigrain toast is available for 50 cents extra charge.

Cheese Omelette
Made with 4 eggs and blended cheese 14.49
add fruit cup, yogurt or cottage cheese..... 16.49

Mushroom Omelette
Made with 3 eggs and mushrooms 14.49
add fruit cup, yogurt or cottage cheese..... 16.49

Cordon D'or Omelette
Made with 3 eggs, fresh asparagus, ham and swiss cheese 17.49
add fruit cup, yogurt or cottage cheese..... 19.99

Western Omelette
Made with 3 eggs, ham and onions 16.49
add fruit cup, yogurt or cottage cheese..... 18.49

Montreal Smoked Meat Omelette
Made with 3 eggs and Montreal smoked meat 16.49
add fruit cup, yogurt or cottage cheese..... 18.49

El Greco Omelette
Made with 3 eggs, fresh spinach, tomato, and feta cheese 17.49
add fruit cup, yogurt or cottage cheese..... 19.99

Mexican Omelette
Made with 3 eggs, hot peppers, tomato, green peppers, onions, salsa, guacamole, and blended cheese 17.49
add fruit cup, yogurt or cottage cheese..... 19.99

Mediterranean Omelette
Made with 3 eggs, green peppers, tomato, green olives, onions, and feta cheese 17.49
add fruit cup, yogurt or cottage cheese..... 19.99

Veggie Omelette
Made with 3 eggs, tomato, mushrooms, onions, green peppers and fresh spinach 16.49
add fruit cup, yogurt or cottage cheese 18.49

Denver Omelette
3 eggs with smoked meat, green peppers, and onions 16.49
add fruit cup, yogurt or cottage cheese 18.49

French Crepes

Strawberry Crepe
One large french crepe loaded with fresh strawberries, topped with more strawberries, drizzled in chocolate sauce then sprinkled with icing sugar, served with maple flavoured syrup and whipped cream 17.49

English Crepe
One large french crepe loaded with fresh fruit and 50's creamy custard topped with more fresh fruit, then finished with icing sugar served with maple flavoured syrup and whipped cream 17.49

Crepe Suzette
One large french crepe stuffed with vanilla frozen yogurt, topped with more fresh strawberries and chocolate sauce, sprinkled with icing sugar and served with maple flavoured syrup and whipped cream 17.49

Strawberry Banana Crepe
One large french crepe loaded with fresh strawberries and bananas drizzled in chocolate sauce, topped with more fresh strawberries and bananas, sprinkled with icing sugar and served with maple flavoured syrup and whipped cream..... 17.49

Banana Crepe
One large french crepe loaded with fresh bananas and hazelnut chocolate, topped with more fresh bananas and chocolate sauce, sprinkled with icing sugar and served with maple flavoured syrup and whipped cream 17.49

Berry Crepe
One large french crepe stuffed with fresh strawberries, blueberries, and blackberries topped with more fresh berries drizzled with strawberry sauce and finished with icing sugar, served with maple flavoured syrup and whipped cream 17.49

Cordon D'or Crepe
One large french crepe stuffed with scrambled eggs, fresh asparagus, ham, and swiss cheese, topped with fresh tomato and hollandaise sauce served with a fresh fruit cup 18.49

* Berries are seasonal

Belgian Waffles

All our waffles are served with maple flavoured syrup, whipped cream, and a garnish.

Plain Waffle
One large Belgian waffle made to order 11.99

Berry Waffle
One large Belgian waffle topped with fresh strawberries, blueberries, blackberries and drizzled with strawberry sauce (*when in season) 15.49

Strawberry Waffle
One large Belgian waffle topped with fresh strawberries, and drizzled with chocolate sauce 15.49

Banana Waffle
One large Belgian waffle topped with fresh banana slices, and drizzled with chocolate sauce 15.49

Now serving organic maple syrup 3.25

Blueberry Waffle
One large Belgian waffle topped with fresh blueberries, and drizzled with blueberry sauce (when in season) 15.49

Fruit Waffle
One large Belgian waffle topped with fresh fruit, and topped with 50's creamy custard 15.49

Chocolate Chip Waffle
One large Belgian waffle topped with chunky chocolate chips, and drizzled with chocolate sauce 15.49

Pecan Waffle
One large Belgian waffle topped with pecans and drizzled with honey 15.49

50's Style Chicken Tenders & Waffles
..... 17.49



F I F T Y ' S B R E A K F A S T M E N U

Eggs Benedict

All of our benedicts are 2 poached eggs on an english muffin, topped with hollandaise, and served with beans and homefries, plus your choice of fruit cup, cottage cheese or yogurt.

The Classic
Ham 16.49

Florentine
Fresh spinach 16.49

The Northern
Peameal bacon and cheddar cheese 17.49

The Vegetarian
Fresh spinach and tomato 16.49

Cordon Bleu
Ham and Swiss cheese 17.49

The Pacific
Smoked salmon..... 18.49

Cordon D'or
Fresh asparagus and Swiss cheese 17.49

Smoked Meat Bennies
Smoked meat and Swiss cheese 17.49

PLEASE
No Substitutions

Breakfast Signature Sandwiches

Served on white, brown or rye with a garnish. Multigrain bread is available for a 50 cents extra charge.

Fried Egger • 2 eggs fried hard with lettuce, tomato and cheddar cheese...	13.69
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.39
Western • 2 eggs with ham and onions	13.69
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.39
BLT • bacon, lettuce and tomato	13.69
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.39
PLT • Peameal bacon, lettuce and tomato	13.69
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.39
Grilled Cheese • bread grilled with cheddar and monterey jack cheese	13.69
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.39
B.E.L.T • Bacon, egg, lettuce, tomato and cheddar cheese	14.29
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.99
Twins • 2 English muffins stuffed with fried egg and cheddar cheese, with your choice of ham, sausage or bacon	14.29
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.99
Lox, Stock and Bagel • Smoked salmon, cream cheese, lettuce,tomato and red onion served open faced on a toasted bagel	16.99
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	18.29
50's Special Cordon Bleu Sandwich • French Toast stuffed with Swiss cheese & ham	14.29
<i>with fruit cup, yogurt, cottage cheese or home fries</i>	15.99

Breakfast Burrito

All of our burritos are served with beans, garnish, and choice of fruit cup, yogurt, cottage cheese or diced potatoes.

Western Burrito Scrambled eggs, diced ham, diced green peppers, diced onions and blended cheese, all wrapped in a flour tortilla	16.49
50's Burrito Scrambled eggs, salsa, lettuce, tomato and blended cheese, wrapped in a flour tortilla	16.49
Mexican Burrito Scrambled eggs, salsa, hot peppers, tomato, diced onions, lettuce, sour cream and blended cheese, wrapped in a flour tortilla	16.49
50's Breakfast Chimichanga Scrambled eggs, sausage, sweet red onions, green peppers and beans wrapped in a flour tortilla topped with cheddar and jack cheese then oven baked golden brown finished with salsa and sour cream	16.49

FIFTY'S BREAKFAST MENU



PLEASE

No Substitutions



FIFTY'S BREAKFAST MENU

Beverages

<i>Soft drinks (with refills)</i>	4.49
Ice Tea (<i>no refills</i>)	4.49
Lemonade (<i>no refills</i>)	4.49
<i>Juices (no refills)</i>	
12 oz	4.49
Orange Juice	
Apple Juice	
Grapefruit Juice	
Tomato Juice	
V8 Vegetable Juice	
Cranberry Juice	
<i>Milk (no refills)</i>	
White or chocolate 12oz	4.49
<i>Water (no refills)</i>	
Perrier	4.49
Bottled	3.49

50's Espresso Bar

Add a shot of vanilla, hazelnut, or caramel to any one of our coffee for..... 1.99

Cappuccino	
Espresso and foamed milk	4.99
Café Latte	
Espresso and steamed milk topped with foam	4.99
Café Americano	
Espresso and hot water	4.69
Caramel Macchiato	
Caramel syrup, steamed milk, and espresso topped with caramel drizzle	5.29
Café Mocha	
Mocha syrup steamed milk, and espresso topped with whipped cream	4.99
Espresso	
1 oz shot	3.79
2 oz shot	5.29
Regular or decaf brewed coffee (with refills)	3.40
Hot chocolate	3.40
Tea	3.40
Specialty Teas	3.79

Smoothies & Milkshakes

50's Smoothies	
<i>pick your flavour</i>	8.49
<i>Pink Passion</i>	
Strawberries, bananas, pure squeezed juice, frozen yogurt, and finished with whipped cream	
<i>Verry Berry</i>	
Blueberries, raspberries, strawberries, pure squeezed juice, frozen yogurt, and finished with whipped cream	
<i>Bananalishis</i>	
Bananas, pure squeezed juice, frozen yogurt, and finished with whipped cream	
<i>50's Tropical Smoothie</i>	
Melons, grapes, strawberries, blueberries, pineapple, frozen yogurt, apple juice, topped with fresh whipped cream	
Milkshakes (the real thing)	
Strawberry, vanilla, chocolate	6.99

On The Side

Home fries	3.99
Strawberry cup	6.29
Blueberry cup	6.29
Blackberry cup	6.29
Fruit cup	6.29
Multigrain and jam	3.99
Sliced bananas	4.99
Sliced tomatoes	3.29
Bagel	3.69
English muffin	3.29
Cream cheese	3.09
Bacon, ham or sausage	4.99
One egg	3.69
Single pancake or French Toast	4.39
Peameal bacon	6.29
Smoked meat	6.29
Cottage cheese	4.99
Yogurt	5.39
Fruit boat	7.49
Toast & jam	3.29
Turkey Sausage	6.29
Polish Sausage	5.49
Turkey Bacon	6.29

PLEASE

No Substitutions



F I F T Y ' S B R E A K F A S T M E N U

Our success is measured by your enjoyment. We hope you enjoy your meal.